

**Health History Form**  
**Silver Spur Conference Center**  
**17301 Silver Spur Drive**  
**Tuolumne, CA 95379**  
**(209) 928-4248**

**Camp Attending:** \_\_\_\_\_  
**Dates:** \_\_\_\_\_

## Health History Form - Page 1 of 2

The information on this form is not part of the camper or staff acceptance process, but is gathered to assist us in identifying appropriate care. Any changes to this form should be provided to camp health personnel upon participant's arrival in camp. Provide complete information so that the camp can be aware of your needs.

Name \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_  
Last First M.I.

Home Address \_\_\_\_\_  
Street address City State Zip

Gender:  Male  Female

**Custodial parent/guardian** \_\_\_\_\_ Phone \_\_\_\_\_

Home Address \_\_\_\_\_  
(If different from above) Street address City State Zip

**Second parent or guardian or emergency contact** \_\_\_\_\_

Phone Number Day \_\_\_\_\_ Phone Number Evening \_\_\_\_\_

**If not available in an emergency, notify** \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_

### Insurance Information

Is the participant covered by family medical/hospital insurance?  Yes  No

If so, indicate carrier or plan name. \_\_\_\_\_ Group # \_\_\_\_\_

Name of insured \_\_\_\_\_ Relationship to participant \_\_\_\_\_

Social Security number of policy holder or insurance ID number \_\_\_\_\_

### Important – The box below must be signed

**Parent/Guardian Authorization:** This health history is correct and complete as far as I know, and the person herein described has permission to engage in all camp activities except as noted.

In the event I cannot be reached in an emergency, I give my permission to Silver Spur and/or the attending

physician to hospitalize, secure proper treatment, and to order injections, anesthesia or surgery for my child. I understand that all expenses for services rendered will be billed to me as the parent or legal guardian of this child or to my insurance company.

Signature of parent or guardian or adult camper/staffer: \_\_\_\_\_

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

**ALLERGIES – Medication, Food, or Other:** List all known. Describe reaction and management of the reaction.

\_\_\_\_\_  
\_\_\_\_\_

### MEDICATIONS BEING TAKEN

Please list all medications (including over-the-counter or nonprescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration.

This person **takes NO medications** on a routine basis.

This person **takes medications** as follows:

Med. #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med. #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

Med. #3 \_\_\_\_\_ Dosage \_\_\_\_\_ Specific times taken each day \_\_\_\_\_

Reason for taking \_\_\_\_\_

# Health History Form - Page 2 of 2

**GENERAL QUESTIONS** (Explain "yes" answers below.)

Has/does the participant:	Yes	No
1. Had any recent injury, illness or infectious disease-----	<input type="checkbox"/>	<input type="checkbox"/>
2. Have a chronic or recurring illness/condition? -----	<input type="checkbox"/>	<input type="checkbox"/>
3. Ever been hospitalized?-----	<input type="checkbox"/>	<input type="checkbox"/>
4. Ever had surgery? -----	<input type="checkbox"/>	<input type="checkbox"/>
5. Have frequent headaches?-----	<input type="checkbox"/>	<input type="checkbox"/>
6. Ever had a head injury?-----	<input type="checkbox"/>	<input type="checkbox"/>
7. Ever been knocked unconscious? -----	<input type="checkbox"/>	<input type="checkbox"/>
8. Wear glasses, contacts or protective eye wear? -----	<input type="checkbox"/>	<input type="checkbox"/>
9. Ever had frequent ear infections? -----	<input type="checkbox"/>	<input type="checkbox"/>
10. Ever passed out during or after exercise? -----	<input type="checkbox"/>	<input type="checkbox"/>
11. Ever been dizzy during or after exercise?-----	<input type="checkbox"/>	<input type="checkbox"/>
12. Ever had seizures?-----	<input type="checkbox"/>	<input type="checkbox"/>
13. Ever had chest pain during or after exercise?-----	<input type="checkbox"/>	<input type="checkbox"/>
14. Ever had high blood pressure?-----	<input type="checkbox"/>	<input type="checkbox"/>

Has/does the participant:	Yes	No
15. Ever been diagnosed with a heart murmur?-----	<input type="checkbox"/>	<input type="checkbox"/>
16. Ever had back problems?-----	<input type="checkbox"/>	<input type="checkbox"/>
17. Ever had problems with joints (e.g., knees, ankles)?-----	<input type="checkbox"/>	<input type="checkbox"/>
18. Have an orthodontic appliance brought to camp? -----	<input type="checkbox"/>	<input type="checkbox"/>
19. Have any skin problems (e.g., itching, rash, acne)?-----	<input type="checkbox"/>	<input type="checkbox"/>
20. Have diabetes?-----	<input type="checkbox"/>	<input type="checkbox"/>
21. Have asthma? -----	<input type="checkbox"/>	<input type="checkbox"/>
22. Had mononucleosis in the past 12 months?-----	<input type="checkbox"/>	<input type="checkbox"/>
23. Had problems with diarrhea/constipation?-----	<input type="checkbox"/>	<input type="checkbox"/>
24. Have problems with sleepwalking?-----	<input type="checkbox"/>	<input type="checkbox"/>
25. If female, have an abnormal menstrual history? -----	<input type="checkbox"/>	<input type="checkbox"/>
26. Have a history of bed-wetting?-----	<input type="checkbox"/>	<input type="checkbox"/>
27. Ever had an eating disorder?-----	<input type="checkbox"/>	<input type="checkbox"/>
28. Ever had emotional difficulties for which professional help was sought?-----	<input type="checkbox"/>	<input type="checkbox"/>

Please answer any "yes" answers, noting the number of the questions.

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Which of the following has the participant had?

- Measles
- Chicken pox
- German measles
- Mumps
- Hepatitis A
- Hepatitis B
- Hepatitis C

TB Mantoux Test  
Date of last test \_\_\_\_\_

Result:  Positive       Negative

Has the participant been immunized for the following?

Vaccine:	Yes	No
DTP	<input type="checkbox"/>	<input type="checkbox"/>
TD (tetanus/diphtheria)	<input type="checkbox"/>	<input type="checkbox"/>
Tetanus	<input type="checkbox"/>	<input type="checkbox"/>
Polio	<input type="checkbox"/>	<input type="checkbox"/>
MMR	<input type="checkbox"/>	<input type="checkbox"/>
Or Measles	<input type="checkbox"/>	<input type="checkbox"/>
Or Mumps	<input type="checkbox"/>	<input type="checkbox"/>
Or Rubella	<input type="checkbox"/>	<input type="checkbox"/>
Haemophilus influenza B	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input type="checkbox"/>
Varicella (chicken pox)	<input type="checkbox"/>	<input type="checkbox"/>

Date of last shot: \_\_\_\_\_

Use this space to provide any additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware.

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Name of family physician \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_